

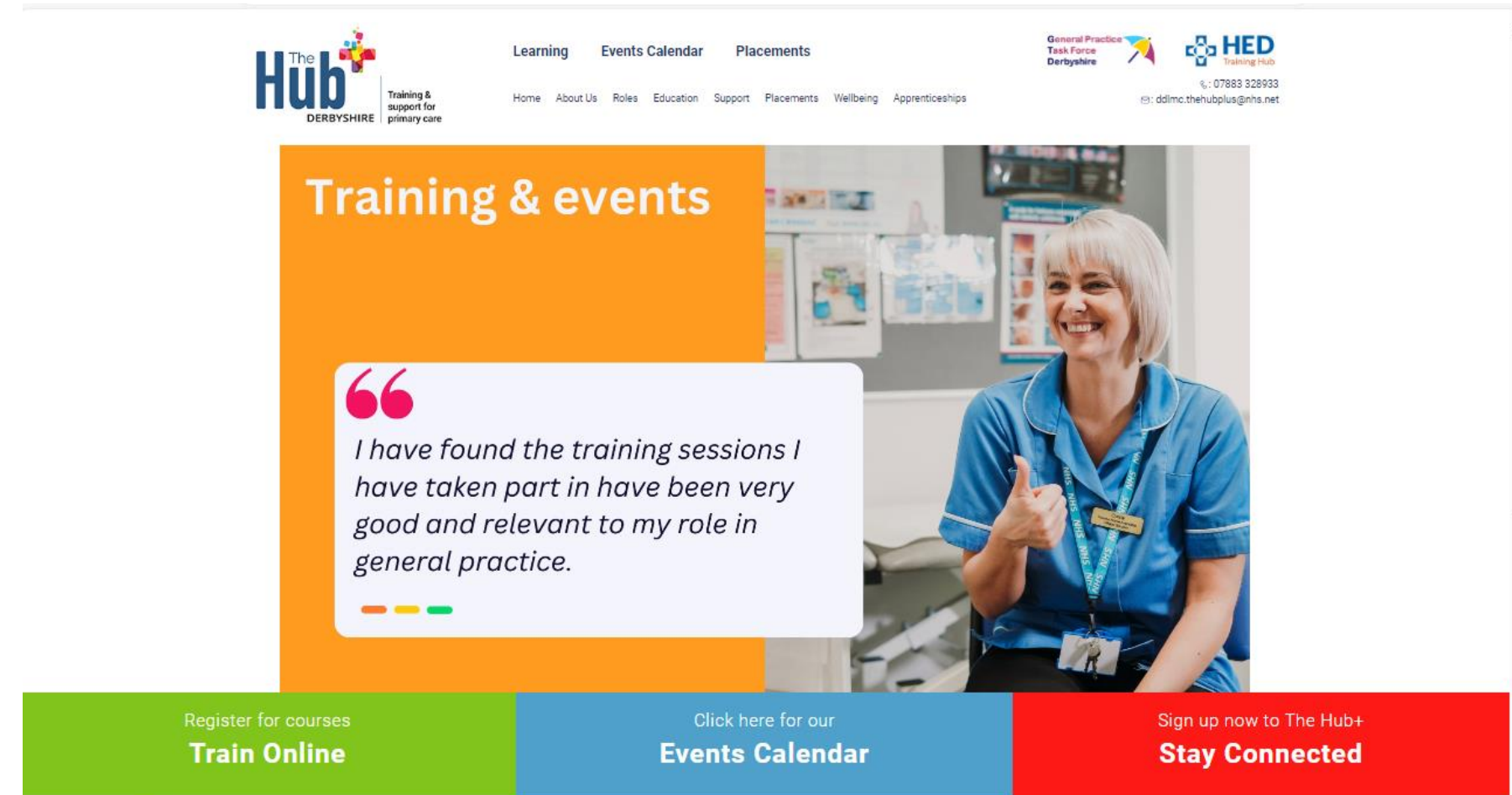
Helping You Help Your Team

The Hub Plus - Supporting our General Practice family on their Primary Care journey.

#Wearelistening



The Hub Plus puts YOU first. We care about people and want to help you and your team to achieve the most with your wellbeing, aspirations, career goals and empower personal growth.



The Hub Derbyshire Training & support for primary care

Learning Events Calendar Placements

Home About Us Roles Education Support Placements Wellbeing Apprenticeships

General Practice Task Force Derbyshire HED Training Hub

07883 328933
es: dd1mc.thehubplus@nhs.net

Training & events

“
I have found the training sessions I have taken part in have been very good and relevant to my role in general practice.
”

Register for courses
Train Online

Click here for our
Events Calendar

Sign up now to The Hub+
Stay Connected



The Hub Plus Support

Leadership and Management Development

- Leadership training programmes for both clinical and non-clinical leaders.
- Mentoring and coaching

Workforce Development and Role Integration

- PC induction and integrating new staff roles (e.g., clinical pharmacists, social prescribing link workers).
- People Promise – support for colleagues and management & leadership
- General and role-specific training to ensure new team members are confident and effective in their positions

Team Communication and Dynamics

- Workshops focused on supporting line managers and staff in improving communication, collaboration, Speak Up, psychological safety and conflict resolution within teams.



The Hub Plus Support

Wellbeing and Retention Initiatives

- Staff wellbeing offers with access to mental health and resilience-building workshops.
- Wellbeing champions and networks
- Freedom to Speak Up
- Support strategies to enhance work-life balance, increase job satisfaction, and reduce burnout.

Digital and Operational Support

- Support practices with quality improvement (QI) initiatives, using data to drive practice performance e.g. GPIP, Project Management bitesize and QI resources.

Signposting

- Navigation to triumvirate support (LMC, GPPB, Hub+) and external information/ advice & guidance.



Ground Rules

- Confidentiality – we keep people’s experiences and stories safe
- Anonymise and de-personalise
- Share the air! Patient listening and questioning
- Make the question prompts fit for you and your situation
- Keep an open mind and share some ideas

Have you considered.....?

What have you found helpful?

How did that work?



What are the strengths of your team?



What 1 or 2 key things do you want to change in your team?



What support do you need & what actions will you take?



Career support across all ages, experiences & levels...

Career Start

- Pre-employment programmes
- Apprenticeships
- Student Placements
- Inclusive recruitment learning
- eLearning & training
- 'Welcome to General Practice' Induction

Early to Mid-Career

- On going training and development
- PM Induction
- Partnership Development Programme
- CPD funding
- LMS online learning
- Staff networks and ambassadors
- Flexible working resources
- Education & networking

Develop and Grow

- Higher level education via apprenticeships up to Master level
- Leadership programmes
- Supervision /SSSA Training
- Mentoring for GPs
- Career Conversations for all
- Coaching
- Fellowship and subject specific project area opportunities
- Ambassador roles
 - Personalised Care
 - Clinical Pharmacist

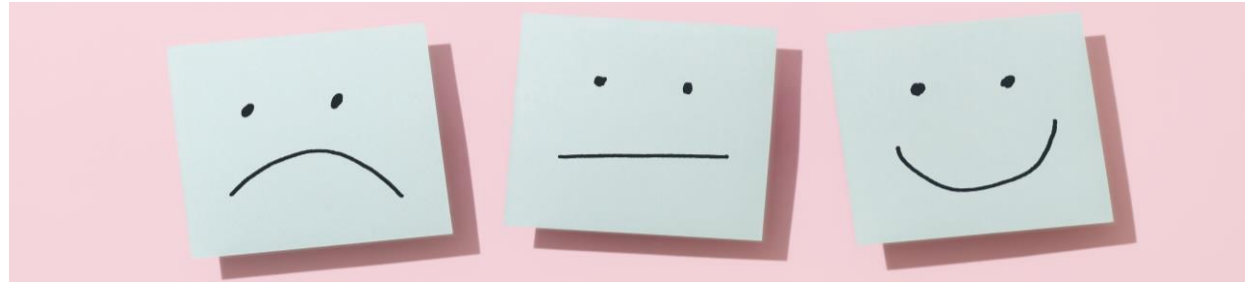
Late Career

- Retirement planning resources and signposting
- Leave and return
- Legacy GP Nurse
- Trainer / Appraiser
- Mentor
- Facilitator
- Flex working
- Project/ strategy advisory roles

Highlights



Freedom to Speak Up



Staff Wellbeing

Promoting wellbeing can help prevent stress and create positive working environments where individuals and organisations can thrive

Good health and wellbeing can be a core enabler of employee engagement and organisational performance

Supportive measures can help reduce sickness & retention rates

You can access:

- Activities timetable
- Book a site visit
- Mental Health conversation training
- Group reflective practice
- Become a wellbeing champion

Speaking up protects patient safety and improves our working environment. When things go wrong, we need to make sure that lessons are learnt, and things are improved. We should all feel able to speak up without fear so that potential harm is prevented.

You can speak up:

- If working processes are not being followed
- About the behaviours of others
- About anything that impacts on patient care or your working life
- Anonymously, confidentially or openly
- Internally within your workplace or contact the freedom to speak up guardian for Derbyshire
- If you want to check if the issue you have should be raised

Derbyshire Primary Care Freedom to Speak Up Guardian
Linda Cross Linda.cross@nhs.net
07841341889



Derby and Derbyshire People Promise Introduction



The
Hub

Presents...

DERBYSHIRE

The Derby & Derbyshire People Promise Series: A Journey of Engagement and Empowerment

People Promise



Our short, online People Promise training modules will give you the personal and practical skills needed to foster stronger, more inclusive and empowered teams.

Susie Edwards from Wonder If leads four free lunchtime topics lasting 45 minutes in October & November for General Practice teams.



Psychological Safety:
09/10/24



Civil Leadership: Guiding Teams
with Respect and Kindness:
16/10/24



Courageous
Conversations:
05/11/24



Leading With Purpose:
28/11/24



Scan below or enrol at ddlmc.thehubplus.co.uk

Selection of up-and-coming events...

Assessment of people who present in MH crisis	8th October	19:30-21:00
Managing Hypertension in Primary Care	9 th October	12:00-14:00
Non-Clinical Listening Group – Careers	9 th October	13:00-14:00
Inspirational Black Leader	9 th October	19:00-20:00
Project Management Bitesize	9 th October	14:00-15:00
Managing Hypertension	9 th October	12:00-14:00
Insulin initiation Training	10 th October	
The Neurodivergent Doctor: Shedding Shame and	10 th October	12:30-14:00
Riding (Brain)Waves		



Veteran health in General Practice
Care Navigation Refresher

16th October

12:30-13:30

16th October

13:15-15:30

IKON training

Derby Drug & Alcohol Service

29th October

13:00-16:00

F2F Derby

Freedom to Speak Up – Your voice matters

29th October

12:30-13:15

Linda Cross

LAUNCH: Our new induction/onboarding for Primary Care

Induction & onboarding – tour of modules for staff leading onboarding

13th November

12:30-13:10

What is General Practice?

Contracts, QoF, CQC

Clinical Intros
End of Life, Accurx, Consultant Connect, Meds Management, Shared Care Pathology, Midlands Cancer Toolkit

Non-Clinical Intros
EMIS & SystemOne
Accurx
ICE
Wellbeing (Helen Garr)

Primary Care Team Roles

Hub+ Services Wellbeing, Speak Up, Training etc



The Hub Plus – General Meeting

For The Hub Plus members meeting 13th November 2024 afternoon.

Speak to Hannah Bullock or myself about your attendance.,



Contact us



Email

ddlmc.thehubplus@nhs.net

Follow Us



Our Website

www.Thehubplus.co.uk

